

RTM UK ONLINE 5 TRAINING OVERVIEW

	DAY 1	DAY 2	OFF	DAY 3	DAY 4
START		1100 AM START			
BLOCK 1 90 min	INTRO & ADMIN (30) Open Metaphors 1130 RTM (60) Video What is RTM Neuroscience Research Results	INTRO & ADMIN (20) Open Metaphors 1120 RTM Demo (70) Option: recorded demo 'Unpack' Demo (10)		INTRO & ADMIN (20) Open Metaphors 1120 RTM Demo (70) Option: recorded demo 'Unpack' Demo (10)	INTRO & REVIEW (15) 1115 RTM #2 (135+) Complete nlt 1045 Partial RTM Protocol Lines 28-89
BREAK		1230 - 1245 15 MINUTE BREAK			
BLOCK 2 90 min	1245 CLINICAL SKILL 1 (40) Sensory Acuity & Calibration Exercise 1325 CLINICAL SKILL 2 (30) Break State 1355 CLINICAL SKILL 3 (20/40) Submodality Manipulation	1245 PRETREATMENT (75) Visual Formats Exercise 1400 TREATMENT (15/105) Theatre Set Up		1245 TREATMENT (60) Re-Scripting Positive Revised Movie Exercise 1345 TREATMENT (30/60) Elicitation of T-Event(s) Telling & SUDS Naming & Bookends No Exercise	1345 CHALLENGES (30) Review only Re-direct as FAQs Re-direct to Coaching
BREAK		1415 - 1500 45 MINUTE BREAK			
BLOCK 3 90 min	CLINICAL SKILL 3 Con't (20/40) Submodality Manipulation Exercise 1520 DIAGNOSIS (70) Applicability PSSI – they read Telling & Re-telling SUDS	TREATMENT con't (90/105) Black & White Movie Modified B&W Movie Exercise		TREATMENT Con't (30/60) 1530 RTM #1 (165) Complete nlt 1545 Full RTM Protocol Lines 1 - 89	Clinical Practice Elements (60)
BREAK		1630 – 1645 15 MINUTE BREAK			
BLOCK 4 90 min	1645 PRETREATMENT (60) Rapport Color Rewind Frame Clinical/Emotional Exercise 1745 DAILY WRAP UP Answer Questions Close Metaphors	1645 PRETREATMENT (60) Rapport Color Rewind Frame Clinical/Emotional Exercise 1745 DAILY WRAP UP Answer Questions Close Metaphors		1645 PRETREATMENT (60) Rapport Color Rewind Frame Clinical/Emotional Exercise 1745 DAILY WRAP UP Answer Questions Close Metaphors	1645 Demo Reviews (30) 1715 CLOSING Certification Process RRP Training Evaluations CE Evaluations Closing Testimonials Guided Future Pace
END		1800 END TRAINING DAY			

