

RTM 4 DAY TRAINING OVERVIEW

	DAY 1	DAY 2	DAY 3	DAY 4
START	0900 AM START			0900 AM START
BLOCK 1 90 min	INTRO & ADMIN (30) Open Metaphors 0930 RTM (60) Video What is RTM Neuroscience Research Results	INTRO & ADMIN (20) Open Metaphors 0920 RTM Demo (70) Option: recorded demo 'Unpack' Demo (10)	INTRO & ADMIN (20) Open Metaphors 0920 RTM Demo (70) Option: recorded demo 'Unpack' Demo (10)	INTRO & REVIEW (15) 0915 RTM #2 (135+) Complete nlt 1045 Partial RTM Protocol Lines 28-89
BREAK	1030 - 1045 15 MINUTE BREAK			
BLOCK 2 90 min	1045 CLINICAL SKILL 1 (40) Sensory Acuity & Calibration Exercise 1125 CLINICAL SKILL 2 (30) Break State 1155 CLINICAL SKILL 3 (20/40) Submodality Manipulation	1045 PRETREATMENT (75) Visual Formats Exercise 1200 TREATMENT (15/105) Theatre Set Up	1045 TREATMENT (60) Re-Scripting Positive Revised Movie Exercise 1145 TREATMENT (30/60) Elicitation of T-Event(s) Telling & SUDS Naming & Bookends <u>No Exercise</u>	1145 CHALLENGES (30) Review only Re-direct as FAQs Re-direct to Coaching
BREAK	1215 - 1300 45 MINUTE BREAK			

BLOCK 3 90 min	CLINICAL SKILL 3 Con't (20/40) Submodality Manipulation Exercise 1320 DIAGNOSIS (70) Applicability PSSI – they read Telling & Re-telling SUDS	TREATMENT con't (90/105) Black & White Movie Modified B&W Movie Exercise	TREATMENT Con't (30/60) 1330 RTM #1 (165) Complete nlt 1545 Full RTM Protocol Lines 1 - 89	Clinical Practice Elements (60)
BREAK	1430 – 1445 15 MINUTE BREAK			
BLOCK 4 75 min	1445 PRETREATMENT (60) Rapport Color Rewind Frame Exercise Clinical/Emotional 1545 DAILY WRAP UP (15) Answer questions Outline next day Close metaphors	1445 TREATMENT (60) 1545 DAILY WRAP UP 15) Answer questions Outline next day Close metaphors	1545 DAILY WRAP UP (15) Answer questions Outline next day Close metaphors	1445 Demo Reviews (30) 1515 CLOSING (as req'd) Certification Process R&R Evaluations CE Evaluation Closing Testimonial Guided Future Pace
END	1600 END TRAINING DAY			1600 END of COURSE