

RTM 4 DAY TRAINING OVERVIEW

	DAY 1	DAY 2	DAY 3	DAY 4
START	0900 AM START			0800 AM START
BLOCK 1 90 min	INTRO & ADMIN (30) Open Metaphors 0930 RTM (60) Video What is RTM Neuroscience Research Results	INTRO & ADMIN (20) Open Metaphors 0920 RTM Demo (70) Option: recorded demo 'Unpack' Demo (10)	INTRO & ADMIN (20) Open Metaphors 0920 RTM Demo (70) Option: recorded demo 'Unpack' Demo (10)	INTRO & REVIEW (15) 0815 RTM #2 (135+) Complete nlt 1045 Partial RTM Protocol Lines 28-89
BREAK	1030 - 1045 15 MINUTE BREAK			0930 - 0945 15 MIN
BLOCK 2 90 min	1045 CLINICAL SKILL 1 (40) Sensory Acuity & Calibration Exercise 1125 CLINICAL SKILL 2 (30) Break State 1155 CLINICAL SKILL 3 (20/40) Submodality Manipulation	1045 PRETREATMENT (75) Visual Formats Exercise 1200 TREATMENT (15/105) Theatre Set Up	1045 TREATMENT (60) Re-Scripting Positive Revised Movie Exercise 1145 TREATMENT (30/60) Elicitation of T-Event(s) Telling & SUDS Naming & Bookends <u>No Exercise</u>	1045 CHALLENGES (30) Review only Re-direct as FAQs Re-direct to Coaching 1115 RTM #3 Assign before break Complete nlt 1345
BREAK	1215 - 1300 45 MINUTE BREAK			1115 - 1200 45 MIN
BLOCK 3 90 min	CLINICAL SKILL 3 Con't (20/40) Submodality Manipulation Exercise 1320 DIAGNOSIS (70) Applicability PSSI – they read Telling & Re-telling SUDS	TREATMENT con't (90/105) Black & White Movie Modified B&W Movie Exercise	TREATMENT Con't (30/60) 1330 RTM #1 (165) Complete nlt 1545 Full RTM Protocol Lines 1 - 89	RTM #3 Con't Partial Protocol Lines 28-89
BREAK	1430 – 1445 15 MINUTE BREAK			1330 – 1345 15 MIN
BLOCK 4 75 min	1445 PRETREATMENT (60) Rapport Frame Clinical/Emotional 1545 DAILY WRAP UP (15) Answer questions Outline next day Close metaphors	1445 TREATMENT (60) Color Rewind Exercise 1545 DAILY WRAP UP (15) Answer questions Outline next day Close metaphors	 1545 DAILY WRAP UP (15) Answer questions Outline next day Close metaphors	1345 Demo Reviews (30) 1415 CLOSING (as req'd) Certification Process R&R Evaluations CE Evaluation Closing Testimonial Guided Future Pace
END	1600 END TRAINING DAY			1500 END of COURSE